FIDELIS CARE®

# Behavioral Health Service Request Form

## PHP and IOP Services as Covered

| Please Submit to the Dedicated Fax Line Below |
|---|
| **Medicaid** |
| **New Jersey – 888-339-2677** |

| | |
|---|---|
| **Place of Service** | ☐ 11- Office ☐ 22- Outpatient Hospital ☐ 52- Psychiatric Facility-Partial Hospitalization ☐ 53- Community Mental Health Center |
| **Treatment Focus** | ☐ Mental Health ☐ Substance Use Disorder ☐ Dual Diagnosis |

**MEMBER INFORMATION**

| | | | | | |
|---|---|---|---|---|---|
| **Last Name** | | **First Name, Middle Initial** | | **Date of Birth** | |
| **Phone Number** | | **ID Number** | | **Gender** | ☐ Male ☐ Female |
| **Third-Party Insurance** | ☐ Yes ☐ No | If **Yes**, please attach a copy of the insurance card. If the card is not available, provide the name of the insurer, policy type and number. | | **Languages Spoken** | |

**TREATING PROVIDER/PRACTITIONER INFORMATION**

| | | | | | |
|---|---|---|---|---|---|
| **Last Name** | | **First Name** | | **NPI Number** | |
| **ID Number** | | **Participating** | ☐ Yes ☐ No | **Discipline/ Specialty** | |
| **Street Address** | | **City, State** | | **ZIP** | |
| **Phone Number** | | **Fax Number** | | **Office Contact** | |

**FACILITY/AGENCY INFORMATION**

| | | | | | |
|---|---|---|---|---|---|
| **Name** | | **Facility ID** | | **NPI Number** | |
| **Street Address** | | **City, State** | | **ZIP** | |
| **Phone Number** | | **Fax Number** | | **Office Contact** | |

| **Service type Requested** | | **REV/HCPCS Code(s) and Number of Days/Units Requested** | |
|---|---|---|---|
| **PHP** | **REV/HCPC Code (s) :** | **Number of Days/Units :** | |
| **IOP** | **REV/HCPC Code (s) :** | **Number of Days/Units :** | |
| **Service Request Start Date:** | **Projected Length of Stay:** | **Transition of Care** ☐ Yes ☐ No | **Continuation of Care** ☐ Yes ☐ No |

**DIAGNOSIS – Code and Description**

| | |
|---|---|
| **Primary Diagnosis** | |
| **Secondary Diagnosis** | |
| **Medical Diagnosis** | |

**Are the requested services ordered by court?** ☐ Yes ☐ No ***If yes please submit a copy of the court order and all supporting documentation.***

**CLINICALS DETAILS**

**Current Symptoms and Behaviors:**

**Is there a trigger event identified?** ☐ Yes ☐ No
**Please describe:**

| | | | |
|---|---|---|---|
| **Is member motivated for treatment?** | ☐ Yes ☐ No | **Is transportation available?** | ☐ Yes ☐ No |

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## CURRENT RISKS

**Check the risk level for each category and check all boxes that apply.**

| | | |
|---|---|---|
| **Risk to self (SI)** | ☐ 0 ☐ 1 ☐ 2 ☐ 3 | With ☐ ideation ☐ intent ☐ plan ☐ means |
| **Risk to others (HI)** | ☐ 0 ☐ 1 ☐ 2 ☐ 3 | With ☐ ideation ☐ intent ☐ plan ☐ means |
| **Current serious attempt or non-suicidal self injury** | ☐ Yes ☐ No (if yes, describe below) | Check: ☐ SI ☐ HI |

**If above checked yes, please describe:**

**Date of most recent attempt or non-suicidal self injury:**

| | | |
|---|---|---|
| **Prior serious attempt non-suicidal self injury** | ☐ Yes ☐ No (if yes, describe below) | Check: ☐ SI ☐ HI |

**If above checked yes, please describe:**

## Substance Abuse/Co-Morbidity

**Does the member have a current Substance Use Disorder? ☐ Yes ☐ No**

| | |
|---|---|
| Is the member currently intoxicated? ☐ Yes ☐ No | If yes, please list substance (s) used : |
| Is the member currently experiencing withdrawal symptoms ? ☐ Yes ☐ No | If yes, please list substance (s) used : |

**Please check off all withdrawal symptoms the member is experiencing.**

| | | | | | |
|---|---|---|---|---|---|
| ☐ | **Hand Tremors** | ☐ | **Impaired attention /memory** | ☐ | **Psychomotor agitation** |
| ☐ | **Sweating/Weakness** | ☐ | **Nausea/Vomiting** | ☐ | **Anxiety/Irritability** |
| ☐ | **Nystagmus** | ☐ | **Fluctuating vital signs** | ☐ | **Changes in Mood / Personality** |
| ☐ | **Insomnia** | **Vital Signs:** | | | |
| **Has member been medically cleared? ☐ Yes ☐ No** | | | | | |

## ADDITIONAL DATA TO SUPPORT REQUEST

**Is a psychiatrist involved in the member's care? ☐ Yes ☐ No**

**If yes, when was the member last seen and what services are being rendered?**

**Is member currently receiving Outpatient services? ☐ Yes ☐ No**

**Any Previous Inpatient, Residential/Rehab, PHP, or IOP treatment? ☐ Yes ☐ No**

| Level of Care | Name or Provider/Facility | Dates | Successful |
|---|---|---|---|
| **Inpatient** | | | ☐ Yes ☐ No |
| **Residential** | | | ☐ Yes ☐ No |
| **IOP/PHP** | | | ☐ Yes ☐ No |
| **Outpatient** | | | ☐ Yes ☐ No |
| **Intensive Community Based Treatment** | | | ☐ Yes ☐ No |

**If treatment was not successful, please explain :**

**Please explain why the member cannot be managed safely in a less intensive level of care.**

## SUPPORT SYSTEMS & PERFORMANCE

**Relationship/Supports (Identify issues/concerns? Is support available? Is support substance free?)**

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What are the environmental/community stressors and/or supports that contribute to the member's clinical status?

Role performance school/work issues/concerns:

Describe the member/family engagement in treatment:

Current living situation: ☐ homeless ☐ independent ☐ family ☐ foster home ☐ incarcerated ☐ other:

Is the member at risk of legal intervention or out-of-home placement? ☐ Yes ☐ No (describe)

## CURRENT MEDICATIONS (Psychotropic and Medical)

| Medication | Dosage | Frequency | Compliant |
|---|---|---|---|
| | | | ☐ Yes ☐ No |
| | | | ☐ Yes ☐ No |
| | | | ☐ Yes ☐ No |
| | | | ☐ Yes ☐ No |
| | | | ☐ Yes ☐ No |

Are there any medication contraindications? If yes, please describe:

Discharge Plan upon Admission :

## ATTACHMENTS

| | | | | |
|---|---|---|---|---|
| ☐ Current Treatment Plan | ☐ Biopsychosocial Assessment | ☐ Court Order | ☐ Psychiatric Report | ☐ Other: |

## CONTINUED STAY REVIEWS

For continued stay, provide a narrative of the current symptoms/behaviors that have occurred within the past week that support the need for partial hospitalization or intensive outpatient services. Summarize the progress or lack of progress and justification for continued stay. If there is no documented progress, explain how this is being addressed.

Continued symptoms/behaviors:

Scale: 0 = none; 1 = mild; 2 = moderate; 3 = severe; N/A = not assessed
Check the impairment level for each category and provide a brief description

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## PHP and IOP Services as Covered

| Symptom | Scale | Description | Symptom | Scale | Description |
|---|---|---|---|---|---|
| Functioning | ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ N/A | | Ability to follow instructions | ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ N/A | |
| Complete assignments | ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ N/A | | Perform ADLs | ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ N/A | |
| Cravings/preoccupation with substances | ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ N/A | | Drug-seeking behaviors | ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ N/A | |
| Withdrawal symptoms | ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ N/A | | | | |

| Types of services offered | Total number of sessions attended | Total number of sessions missed | Member Cooperative with Treatment? | Please provider an explanation of any 'no' responses |
|---|---|---|---|---|
| Individual Therapy | | | ☐ Yes ☐ No | |
| Group Therapy | | | ☐ Yes ☐ No | |
| Substance Abuse Counseling | | | ☐ Yes ☐ No | |
| Family Therapy | | | ☐ Yes ☐ No | |
| Psychiatric Interventions | | | ☐ Yes ☐ No | |

## CURRENT MEDICATIONS (Psychotropic and Medical)

| Medication | Dosage | Frequency | Compliant |
|---|---|---|---|
| | | | ☐ Yes ☐ No |
| | | | ☐ Yes ☐ No |
| | | | ☐ Yes ☐ No |
| | | | ☐ Yes ☐ No |
| | | | ☐ Yes ☐ No |
| Are there any medication contraindications? If yes, please describe: | | | |

Detail any updates or changes to the discharge plan:

## ATTACHMENTS

☐ Current Treatment Plan ☐ Biopsychosocial Assessment ☐ Court Order ☐ Psychiatric Report ☐ Other: