



FIDELIS CARE®

# Controlling Blood Pressure

**Controlling High Blood Pressure is a NCQA quality measure with a weighted value of 3.**

Here are some quick reminders for closing blood pressure care gaps:

- ✓ **Always retake BP** if initial blood pressure is > 140/90 mmHg.
- ✓ **Take and record in the medical record**, at least three (3) separate measurements during the visit if the BP is high.
- ✓ **Repeated measurements** should be separated by 1-2 minutes.



## Description

The percentage of members 18–85 years of age who had at least two visits on different dates of service with a diagnosis of hypertension during the measurement year and whose BP was adequately controlled (< 140/90 mmHg) during the measurement year.

The most recent BP reading during the measurement year must occur on or after the second date of diagnosis of hypertension.

The following criteria determines if the last blood pressure is controlled:

- Members 18–85 years of age whose BP was <140/90 mmHg.



## Product Lines

- Medicaid



**New BP readings that are reported by the member using an electronic device are now acceptable.**

- ✓ Document in the note the reading specifically is from an electronic device.
- ✓ Telehealth visits are acceptable as long as the BP reading is taken by an electronic device.
- ✓ Use of a manual device does not meet criteria.





Members can obtain an electronic blood pressure monitor at no cost by calling the Customer Service number on their ID card for a Case Management (CM) referral.

*(continued)*

## Helpful Tips

- ✓ **Never round up** BP readings.
- ✓ **Check BP on both arms** and record the lowest systolic and diastolic readings.
- ✓ **Use correct cuff size** on bare arm.
- ✓ **Patients should rest quietly** for at least 5 minutes before the first BP is taken.

 <b>DO THIS!</b> <b>Detailed information recorded on medical record</b>	 <b>NOT THAT!</b> <b>Not enough information recorded</b>
<p><b>VITALS:</b>  <b>Weight:</b> 205 lbs   <b>Height:</b> 5 ft. &amp; 2 in.   <b>BMI:</b> 37.7   <b>BSA:</b> 2  <b>BP:</b> 160/92 sitting L arm   <b>Pulse rate:</b> 56 BPM  <b>Resp. Rate:</b> 16 RPM   <b>BP Retake:</b> 138/84 sitting R arm</p> <p>Always document “reading taken by electronic monitoring device” when applicable.</p>	<p><b>VITALS:</b>  <b>Weight:</b> 287 lbs   <b>Weight Change:</b> -5 lbs  <b>Height:</b> 67 in   <b>BMI:</b> 44.95   <b>BP:</b> 177/113   <b>Temp:</b> 97.7 F  <b>HR:</b> 91   <b>Oxygen sat %:</b> 100</p> <p>(BP Noncompliant and Not Retaken)</p>

## Billing Codes

Description	Codes
Hypertension	<b>ICD-10:</b> I10
Systolic greater than/equal to 140	<b>CPT-CAT-II:</b> 3077F
Systolic less than 130	<b>CPT-CAT-II:</b> 3074F
Systolic between 130-139	<b>CPT-CAT-II:</b> 3075F
Diastolic greater than/equal to 90	<b>CPT-CAT-II:</b> 3080F
Diastolic 80-89	<b>CPT-CAT-II:</b> 3079F
Diastolic less than 80	<b>CPT-CAT-II:</b> 3078F
Remote Blood Pressure Monitoring Codes	<b>CPT:</b> 93784, 93788, 93790, 99091
Outpatient codes	<b>CPT:</b> 99201-99205, 99211-99215, 99241-99245, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99429, 99455, 99456, 99483, 99341-99345 <b>HCPCS:</b> G0402, G0438, G0439, G0463
Telephone Visits	<b>CPT:</b> 98966-98968, 99441-99443
CPT Modifiers for Telehealth	<b>CPT:</b> 95, GT, 02
Digital Blood Pressure Monitoring	<b>CPT:</b> 93784, 93788, 93790, 99091, 99453, 99454, 99457, 99473, 99474